

The Heidelberg Catechism(1879): The True Comfort. Lord's Day — 1

Question I. What is thy only comfort in life and death?

Answer: That I with body and soul, both in life and death, am not my own, but belong unto my faithful Saviour Jesus Christ¹; who with his precious blood hath fully satisfied for all my sins, and delivered me from all the power of the devil²; and so preserves me that, without the will of my heavenly Father, not a hair can fall from my head³; yea that all things must be subservient to my salvation⁴; therefore, by his Holy Spirit, he also assures me of eternal life⁵ and makes me sincerely willing and ready henceforth to live unto him⁶.

Question II. How many things are necessary for thee to know, that thou, enjoying this comfort, mayest live and die happy?

Answer: Three. First, how great my sins and miseries are⁷; Second, how I may be delivered from all my sins and miseries⁸; Third, how I shall express my gratitude to God for such deliverance⁹.

¹ 1 Cor 6:20; Ps 73:25,26; Rom 14:7,8; 1 Cor 3:23.

² 1 John 1:7; 1 Pet 1:18,19; 1 John 3:8; Heb 2:14-15; Tit 2:14.

³ John 10:28-29; Lk 21:18; John 6:39.

⁴ Rom 8:28

⁵ Rom 8:16; 2 Cor 1:22; 2 Cor 5:5.

⁶ Phil 2:13; Psalm 110:3; Rom 8:14; Heb 13:21.

⁷ Rom 7:24; Rom 3:23; Rom 6:23.

⁸ Matt 11:28; John 3:16; John 1:12.

⁹ Ps 116:12; 2 Cor 9:15; Psalm 50:15